

60 year old female presenting in acute pain wheeled into an office on a dolly: A case report

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Introduction: A late-60s year old female was brought into the office on a dolly because she was in acute pain, completely incapacitated, and unable to be weight bearing. She reported that she had been out for a walk and bent to pet a cat when her hip seized up and she was unable to walk. She called her assistant who, along with her husband, got her onto a dolly and wheeled her into the office.

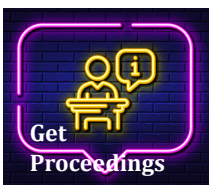
Methods/Intervention: With her husband and assistant we were able to get her off the dolly and prone on the treatment table. She was then placed on category three blocks according to sacro occipital technique (SOT). She permitted some gentle massage to her lower back allowing her body to relax somewhat. Her *gluteus medius* and *piriformis* muscles were goaded on the involved side and manual traction to her lower back was applied, while on the blocks, and then she was able to turn supine.

From the supine position myofascial therapies were applied to the hip joint capsule and the surrounding musculature. Muscle testing revealed that her affected femoral head appeared to be displaced in a posterior direction so with her knee bent the femoral head was directed posterior-anterior.

Results: Following the supine femoral head adjustment the patient was asked if she would stand and was able to do so and walked out of the office without distress. She was seen for one follow up office visit and it appeared that her symptoms had completely resolved.

Conclusion: An incapacitated patient in acute pain responded to SOT category three blocking, traction, myofascial techniques, and femoral head adjustment. It was quite dramatic to witness a patient wheeled into the office on a dolly crying out in pain and then following treatment being able to walk out without demonstrating any distress.

Indexing terms: Chiropractic; sacro-occipital technique; SOT; posterior femoral head; acute pain; ageing



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